

RUNO SPA



	Mon-Fri	Sat-Sun
<u>TREATMENT PACKAGES:</u>		
RELAXATION IN RUNO 90 MIN 60 min hot stone massage + 30 min relaxing and de-stressing massage of feet soles.	165 €	187 €
AROMATIC BEAUTY MOMENT 105 MIN The aromatic massage works wonders on you mind and body. Brightening facial brings a refreshing glow, lashes and brows dye brightens the look.	175 €	199 €
MOTHER TO BE 90 min Pampering for the expectant mother incl. facial peeling and mask, as well as exfoliation and massage that lightens the legs, hand peeling and hand mask.	109 €	119 €
<u>MASSAGES:</u>		
RELAXING HEAD MASSAGE 30 MIN The treatment has influences of an Indian head massage. The massage is done in laying position and massaging the head and neck area.	61 €	68 €
HOT STONE MASSAGE 60 MIN Relaxing and warming hot stone massage for the whole body. The heat releases well-being-producing endorphins and helps trigger stress and muscle juices effectively.	106 €	119 €
AROMATHERAPY 60 MIN A relaxing massage for body and mind. The massage uses warm oil (lavender, eucalyptus, or grapefruit) according to the customer's wishes.	102 €	114 €
RELAXED MIND MASSAGE 75 MIN Relax Center Signature massage for the whole body. Pampering full body massage, where the energy points are reviewed, and the neck-shoulder area is treated.	99 €	110 €
RELAXATION FOR HEAD AND FEET 60 MIN Massage of head and neck area as well as legs and feet soles.	85 €	110 €
MASSAGE 30 MIN Classical massage relaxes the mind and body, increases muscle metabolism and relieves pain caused by muscle tension. The massage is done in various ways, listening to the client's wishes and needs.	61 €	68€
MASSAGE 60 MIN Classical massage relaxes the mind and body, increases muscle metabolism and relieves pain caused by muscle tension. The massage is done in various ways, listening to the client's wishes and needs.	82 €	92€

	Mon-Fri	Sat-Sun
<u>FACIALS:</u>		
BEAUTY MOMENT FOR THE FACE 30 MIN Pampering and brightening quick face treatment. Includes surface cleaning, peeling, serum, and mask.	61 €	68 €
INDIVIDUAL FACIAL TREATMENT 60 MIN The treatment is individually tailored to your wishes and skin's needs. To start off, we will discuss your wishes regarding skin care, after which we will select the right products for your skin.	95 €	105 €
LUXURIOUS FACIAL TREATMENT 75 MIN The luxurious facial treatment is done according to one's skin type with luxurious anti-aging and skin lifting products. The treatment includes a long relaxing massage of the face, décolleté and shoulder area.	120 €	134 €
Eyebrow trimming with facial treatment	20 €	20 €
Permanent eyebrow coloring incl. shaping	31 €	35 €
Permanent eyelash and eyebrow coloring	45 €	50 €

MAKE UP:

FANCY / PHOTOGRAPHY MAKE UP 75 MIN A beautiful and lasting make up.	90 €	100 €
QUICK LIGHT MAKE UP 35 MIN Including foundation and light eye OR lip makeup.	61 €	68 €
DAY MAKE UP 45 MIN Including foundation, eyes, lips, and brows.	69 €	77 €
WEDDING MAKE UP 75 min + TEST MAKE UP 75 min Freshly beautiful, durable fancy makeup, emphasizing the details of the bride's own face, incl. test makeup.	175 €	175 €

RESERVATION:

We recommend making the reservations at the latest the day before 16:00. If you cannot find available appointments online, please contact the Relax Center sales department. Facial and body treatments can also be carried out as Duo treatment in a common space, Duo treatment inquiries by e-mail.

Relax Center sales department: [016-6510700](tel:016-6510700) /runo@relaxcenter.fi (Mon-Fri 9-16.30)

NEW!

THE DORN METHOD

Pain and joint misalignments don't require medication or surgery. You need to listen what the body's saying by applying gentle pressure where it is needed. In doing so, you eliminate pain and restore the body's healthy structure. This approach is known as the Dorn Method.

The Dorn Method is a gentle spinal column and joint treatment designed to help alleviate back pain and headaches, caused by misaligned vertebrae or a difference in leg lengths. It is a holistic non-manipulative treatment that can help joints and vertebrae slip back into their original position through dynamic movements. The Dorn Method also combines traditional Chinese medicine principles and knowledge with Western principles and manual therapy. Treatments include selfhelp exercises and nutrition advice.

Massage Therapy sales department: kapahede@gmail.com or by phone [+358 41 36 24 828](tel:+358413624828)

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